



# Get Ready for Spring

## Mid Winter Driving Conference February 18, 2012

Verdoy Fire Department, 988 Troy-Schenectady Rd. (Rt. 7), Latham, N.Y.

Registration 8:00 a.m. • Conference starts at 9:00 a.m.

*The Saratoga Driving Association is proud to announce our eighth Annual Driving Conference, presenting a diverse group of experts. We have a comfortable quiet setting, devoted to learning, exchanging ideas, and having lots of time to ask questions and speak with the presenters. Breakfast, Hot Lunch, & Snacks Included.*

### SPEAKERS

**Noralie Van Son**

#### **Maintaining the Sport Horse with Massage and Core Exercises**

Learn about the importance of sports massage and the value of standing exercises to strengthen specific muscles.

**Jeff Morse & Marc Johnson – ADS Rules Made Easy**

Let's hear from the people that make the rules. What is the process? What to expect?

**Dana Bright ADS Judge**

#### **Finding a Productive Approach to Your Driven Dressage**

Stuck in a rut? Not making progress in communicating with your horse?

It's crazy to expect a different outcome, if you don't make a change.

Consider a new way of thinking about your goals.

**Kraig Kulikowski, DVM & Equine Dentist**

#### **Dentistry for the Performance Horse**

How does the mouth, the bit, our actions, and movement affect performance?

How do we help the Equine Athlete?

**Holly Pulsifer & Marc Johnson**

#### **How to Participate in an Event's Fun without Competing**

Be part of a Team, Learn Skills, Make Friends, Become Indispensable—it's a Win/ Win!

**Open Forum on ADS Rules and Suggestions**

Jeff Morse, Marc Johnson, Dana Bright, Holly Pulsifer, Susan Koso

### Mid Winter Conference fees

Sign up for:		Price
<input type="checkbox"/> Before Jan 31	Members	\$45
<input type="checkbox"/> Before Jan 31	Non-Members	\$55
<input type="checkbox"/> After Feb 1	Members	\$55
<input type="checkbox"/> After Feb 1	Non-Members	\$65

SDA Membership is \$25

*Include Name, Address, and Email*

(Confirmation will be sent by email)

WALK INS DISCOURAGED. NO HIDDEN EXPENSES—  
EXCEPT FOR RAFFLES, AND LOTS OF GIVEAWAYS.

Send Registration to:

Carol Frank, 14 Collegeview Drive  
Albany, NY 12211

PLEASE MAKE CHECKS PAYABLE TO:  
SARATOGA DRIVING ASSOCIATION

*There Will Be No  
Cancellations Due To Weather.*

**For More Information,  
Visit [www.saratogadriving.com](http://www.saratogadriving.com)**

or Contact Carol Frank

at 518-459-1235,

[carol.frank@saratogadriving.com](mailto:carol.frank@saratogadriving.com)